

## Aging out of foster care in Delaware

In Delaware, young people age out of foster care at age 18 or upon graduation from high school. They enter the adult world often with an extended history of instability, little trust in "the system" and people in general and few skills that support them being fully independent.

Having been told where and with whom to live (often experiencing many changes) and what to do with little opportunity to make the decisions, many just want to be free of the system. But then what?

With few resources, they set out into the adult world. But they aren't alone. ILYA, a Social Justice Program at First Unitarian Church of Wilmington is here to help.



First Unitarian Church  
of Wilmington Delaware

For more information about the NAK project email:

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If link doesn't work, type in URL:

<https://www.signupgenius.com/go/30e0549adac2ba2f49-newapartment>

**First Unitarian Church of  
Wilmington  
has the NAK**

## New Apartment Kits

Can you help a young person who has aged out of foster care set up housekeeping in their first home out on their own?

## ILYA

Independent Living  
For Young Adults

Supporting social justice in  
our community





“I can’t thank you enough for helping me get started in my new apartment. I had no idea there were so many basic things I’d need to make life work. Your help kept me from starting from behind. Thank you ILYA!!!” EP – age 18

## How it works

To become a supporter:

Ctrl + click here: [New Apartment Kits](#) to see what items are needed and sign up.

Decide if you want to purchase the items you signed up for or donate the total cost for the items you chose.

Purchased items can be brought to church or arrangements can be made to deliver them to one of the project coordinators.

or

Checks to cover the cost of selected items not purchased should be made out to “First Unitarian Church of Wilmington” with “ILYA-NAK” on the memo line.

A receipt for your donation is provided for tax purposes if you would like one.

Kits are “packaged” in laundry baskets by the NAK project coordinators.

Kits are delivered to the new resident by Independent Living Coordinators (social workers hired by the state) or a NAK project team member. A donor who’s interested in meeting the recipient may also participate in the delivery.

Contributing to a young person’s successful transition into independence is a great gift for all.

**The ILYA team thanks you!!!**

### **What’s Needed:\***

Basic items that young people often take for granted when leaving a foster home:

#### **BATH:**

Toilet tissue/toothpaste/toothbrush/hand soap/toilet brush/waste basket

#### **KITCHEN:**

Paper towels & napkins/dish towels/pot holders/dish soap/sponges/cleaning products/knives/cooking utensils/plastic wrap/aluminum foil/zip lock bags/kitchen trash can & liners/scotch tape/manual can opener/scissors/salt & pepper shakers/coffee mug/frying & sauce pans with lids/casserole dish with lid/4 place settings (plates/flatware/glasses)

#### **HOUSEHOLD:**

Laundry basket/laundry soap/clothes hangers/extension cord

### **Nice to Have Wish List:\***

Vacuum cleaner  
Mop and Broom  
Small appliances (crock pot/microwave/toaster oven/coffee pot/food processor)  
Bed/bath linens  
Medium lamp

**Gift cards in any amount are welcome!**

***\*All items must be new***