

## Aging out of foster care in Delaware

In Delaware, young people age out of foster care at age 18 or upon graduation from high school. They enter the adult world often with an extended history of no stability, little trust in "the system" and people in general and few skills that support them being fully independent.

Having been told where and with whom to live (often experiencing many changes) and what to do with little opportunity to make the decisions, many just want to be free of the system. But then what?

With few resources, they set out into the adult world. But they aren't alone. ILYA, a Social Justice Program at First Unitarian Church of Wilmington is here to help.



First Unitarian Church  
of Wilmington Delaware

For more information about the  
NAK project email:

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**First Unitarian Church of  
Wilmington  
has the NAK**

## New Apartment Kits

Can you help a young  
person who has aged out  
of foster care set up  
housekeeping in their first  
home out on their own?

## ILYA

Independent Living  
For Young Adults

Supporting social justice in  
our community





"I can't thank you enough for helping me get started in my new apartment. I had no idea there were so many basic things I'd need to make life work. Your help kept me from starting from behind. Thank you ILYA!!!" EP – age 18

## How it works

To become a supporter:

Visit the Sign Up Genius website to see what items are needed and sign up.

Decide if you want to purchase the items you signed up for or donate the total cost for the items you chose.

Purchased items can be brought to church or arrangements can be made to deliver them to one of the project coordinators. Or...

Checks to cover the cost of selected items not purchased should be made out to "First Unitarian Church of Wilmington" with "NAK" on the memo line.

A receipt for your donation is provided for tax purposes if you would like one.

Kits are "packaged" in laundry baskets by the NAK project coordinators.

Kits are delivered to the new resident by an Independent Living Coach (social workers hired by the state) or a NAK project coordinator. A donor who's interested in meeting the recipient may also participate in the delivery.

Your heart will be filled with a very wonderful feeling knowing you contributed to a young person's successful transition and supported your fellow UUs.

**The ILYA team thanks  
you!!!**

## What's Needed

Basic items that young people often take for granted when leaving a foster home...

### Bath Items –

Toilet tissue/ Toothpaste/ Toothbrush/ Hand soap/toilet brush/Waste basket

### Kitchen Items –

Paper towels & napkins/ Dish cloths & towels/ Dish soap/ Sponges/ Hot pads/ Cleaning products/ Knives/ Cooking utensils/ Plastic wrap/ Aluminum foil/ Zip-lock bags/ Trash can & liners/ Manual can opener/ Scissors/ Salt & pepper shakers/ Coffee mugs/ Frying & sauce pans with lids/ Casserole dish with lid/ 4 Place settings (plates, flatware & glasses)

### Household Items –

Laundry basket/ Laundry soap/ Coat hangers/ Extension Cord/ Rechargeable batteries with charger/ Scotch tape

### Nice to Have Wish List –

Vacuum cleaner/ Mop & broom/ Small appliances (Microwave, crock pot, coffee maker,/ toaster oven/ food processor)/ Bed & bath linens/ Desk lamp/

**Gift Cards in Any Amount from  
Target or Walmart**

**\*All items must be new**