

First Unitarian
Sum of Us Book Group Series

Reading Schedule

Week 1:

Read pages xi – 39

Introduction

Chapter 1: An Old Story: The Zero-Sum Hierarchy

Chapter 2: Racism Drained the Pool

Week 2:

Reach pages 40 – 102

Chapter 3: Going Without

Chapter 4: Ignoring the Canary

Week 3:

Read pages 103 – 192

Chapter 5: No One Fights Alone

Chapter 6: Never a Real Democracy

Chapter 7: Living Apart

Week 4:

Read pages 193 – 289

Chapter 8: The Same Sky

Chapter 9: The Hidden Wound

Chapter 10: The Solidarity Dividend

To be ready to fully participate:

- Take notes and/or underline your favorite sentences as you read the book
- Bring a journal or paper/pen to group to take notes and write down your thoughts
- Sign-in to the Zoom link 5-10 minutes early if you are unfamiliar with Zoom to get instructions from your facilitator, before we begin
- Please plan to participate with your camera on
- Mute yourself when others are speaking – but remember to unmute when you want to share

Basic Plan for Groups [120 minutes]

Part 1: Setting the Stage [30 minutes]

- Gathering and chalice Lighting: 5 minutes
- Check-in: 15-20 minutes
- Group covenant: 5-10 minutes

Part 2: The Main Event [1 hour]

- Discussion question 1: 15-20 minutes
- Discussion question 2: 15-20 minutes

- Quiet reflection on a quote from the book – time to write thoughts: 5 minutes
- Discussion of reflections on the quote: 15-20 minutes

Part 3: Closing Connections [30 minutes]

- Moment of silence then wrap-up round robin – Discussion take-aways: 20 minutes
- Housekeeping for next week: 5 minutes
- Extinguish chalice with quote: 1 minute