

First Unitarian
Sum of Us Book Group Series

Reading Schedule

Week 1:

Read pages xi – 39

Introduction

Chapter 1: An Old Story: The Zero-Sum Hierarchy

Chapter 2: Racism Drained the Pool

Week 2:

Reach pages 40 – 137

Chapter 3: Going Without

Chapter 4: Ignoring the Canary

Chapter 5: No One Fights Alone

Week 3:

Read pages 139 – 218

Chapter 6: Never a Real Democracy

Chapter 7: Living Apart

Chapter 8: The Same Sky

Week 4:

Read pages 222 – 293

Chapter 9: The Hidden Wound

Chapter 10: The Solidarity Dividend

To be ready to fully participate:

- Take notes and/or underline your favorite sentences as you read the book
- Bring a journal or paper/pen to group to take notes and write down your thoughts
- Sign-in to the Zoom link 5-10 minutes early if you are unfamiliar with Zoom to get instructions from your facilitator, before we begin
- Please plan to participate with your camera on
- Mute yourself when others are speaking – but remember to unmute when you want to share

Basic Plan for Groups [120 minutes]

Part 1: Setting the Stage [30 minutes]

- Gathering and chalice Lighting: 5 minutes
- Check-in: 15 minutes
- Group covenant: 10 minutes

Part 2: The Main Event [75 minutes]

- Discussion question 1: 25 minutes
- Quiet reflection on a quote from the book – time to write thoughts and then discussion of reflections: 25 minutes
- Discussion question 2: 25 minutes

Part 3: Closing Connections [15 minutes]

- Moment of silence then wrap-up round robin – Discussion take-aways: 10 minutes
- Housekeeping for next week: 5 minutes
- Extinguish chalice with quote: 1 minute